

JULY

	Monday June 30	Tuesday July 1	Wednesday 2	
	NO SKATING	NO SKATING	NO SKATING	
	Rink 3 7	Rink 1 8	Rink 3 9	
	8:20-8:55 Off ice conditioning Jr 9:00-9:10 FLOOD 9:10-10:00 Pre Junior+ 9:10-10:30 Junior 10:40-11:25 Off ice conditioning Int/Sr 11:30-11:40 FLOOD 11:40-1:00 Interm/Senior	12:00-12:10 FLOOD 12:10-1:00 HSS(A) 1:00-1:10 FLOOD 1:10-2:40 Interm/Senior 2:40-2:50 FLOOD 2:50-4:00 Junior 4:10-4:40 Off ice Jr	9:50-10:25 Off ice Int/Sr 10:30-10:40 FLOOD 10:40-12:10 Interm/Senior 12:10-12:25 FLOOD 12:25-1:05 CanSkate 1:05-2:00 Pre Junior	
	Rink 3 14	Mixed rinks 15	Mixed rinks 16	
	8:30-9:10 Off ice conditioning Jr 9:15-9:25 FLOOD 9:25-10:15 Pre Junior+ 9:25-10:45 Junior 10:55-11:35 Off ice conditioning Int/Sr 11:45-11:55 FLOOD 11:55-1:15 Interm/Senior	11:30-11:40 FLOOD Rink 3 11:40-12:30 HSS(A) 1:25-2:10 Off ice Int/Sr 2:15-2:25 FLOOD Rink 2 2:25-3:15 Interm/Senior 3:30-3:40 FLOOD Rink 1 3:40-4:30 Junior 4:40-5:10 Off ice Jr	11:00-11:10 FLOOD Rink 4 11:10-11:50 CanSkate 11:50-12:30 Pre Junior 2:30-3:15 Off ice Int/Sr 3:30-3:40 FLOOD Rink 3 3:40-5:00 Interm/Senior	
	Rink 3 21	Rink 4 22	Rink 4 23	
	8:35-9:15 Off ice conditioning Jr 9:30-9:40 FLOOD 9:40-10:30 Pre Junior+ 9:40-11:00 Junior 11:10-11:55 Off ice conditioning Int/Sr 12:00-12:10 FLOOD 12:10-1:30 Interm/Senior	11:00-11:10 FLOOD 11:10-12:00 HSS(A) 12:00-12:10 FLOOD 12:10-1:40 Interm/Senior 1:40-1:50 FLOOD 1:50-3:00 Junior 3:10-3:40 Off ice Jr	10:15-10:50 Off ice Int/Sr 11:00-11:10 FLOOD 11:10-12:40 Interm/Senior 12:40-12:55 FLOOD 12:55-1:35 CanSkate 1:35-2:30 Pre Junior	
	Rink 4 28	Rink 4 29	Rink 3 30	
	8:30-9:10 Off ice conditioning Jr 9:15-9:25 FLOOD 9:25-10:15 Pre Junior+ 9:25-10:45 Junior 10:55-11:35 Off ice conditioning 11:45-11:55 FLOOD 11:55-1:15 Interm/Senior	11:00-11:10 FLOOD 11:10-12:00 HSS(A) 12:00-12:10 FLOOD 12:10-1:40 Interm/Senior 1:40-1:50 FLOOD 1:50-3:00 Junior 3:10-3:40 Off ice Jr	9:50-10:25 Off ice Int/Sr 10:30-10:40 FLOOD 10:40-12:10 Interm/Senior 12:10-12:25 FLOOD 12:25-1:05 CanSkate 1:05-2:00 Pre Junior	